THE VILLAGE PRACTICE PATIENT NEWSLETTER



June 2025

Welcome to our summer 2025 newsletter.

Advance Notice of Practice Closure:



Tues 15th July	Target Training – Surgery will be closed from 1pm
Mon 25th August	Bank Holiday – Surgery closed all day

The Out of Hours Service covers the Practice on these days and they can be contacted by calling **111.**

Your GP receptionist will ensure you get seen by the right healthcare professional

GP receptionists are trained to listen and will ask questions about your symptoms to ensure that you are booked in to see the expert healthcare professional who will provide you with the care you need. The reception team can book an appointment with many specialists that now work in a GP practice, this may be a GP, Nurse, Pharmacists or Physio to name a few. Any information that is shared with a receptionist is treated in complete confidence.

Travel Vaccinations



If you are planning a holiday abroad, and think that you may require travel vaccinations, you need to book an appointment 6 weeks in advance to see our Practice Nurse. You will also need to collect and complete a travel health questionnaire – these are available from reception or on our website www.thevillagepractice.com

A travel appointment takes 30 minutes with the nurse. Failure to attend a booked appointment will result in you having to make alternative arrangements with a different Travel Vaccine provider and may incur costs.

For further travel health information see the NaTHNaC website:
www.travelhealthpro.org.uk

Hayfever Season



Hayfever, also known as 'Seasonal Allergic Rhinitis', is upon us and can cause symptoms such as sneezing, runny or blocked nose and itchy nose and eyes. The hayfever seasons are as follows:

- Feb-June Tree Pollen
- May – July Grass pollen
- Sept – Oct Mould

For further advice on self management of hayfever visit www.allergy.uk.org/hayfever or see your local Pharmacist.

Are you a Carer?

Please ket the practice know if you are a carer so that we can update this on your medical records.

Self Serve Blood Pressure Machine

The practice now has a self serve blood pressure (BP) machine in the waiting room. The benefits of this are:

1. **Patient Empowerment** : Allows patients to take an active role in monitoring their health, increasing engagement and awareness.
2. **Time Efficiency** : Frees up clinical staff time by allowing patients to take their own readings, which can be reviewed during consultations.
3. **Convenience** : Provides an opportunity for patients to check their BP without needing an appointment, which can be particularly useful for those managing hypertension.
4. **Data Collection** : Helps in collecting more frequent BP readings, providing a more comprehensive picture of a patient's health over time.

Please pop along to take your blood pressure The reception team will be on hand to help you.

Date for your Diary – Flu Season is coming



If you are eligible to receive a free flu vaccination we will be starting our flu clinics in from 1st October.

Please contact reception from 1st September to book your appointment and secure your vaccination.

Reasonable adjustments digital flag

We understand that if you have a disability or something that makes it hard for you, it might be difficult to get the right help in the NHS or social care. But if we make some changes to help you, it can make things better when accessing our services. These changes are called Reasonable Adjustments

People with disabilities are encouraged tell health and care services what reasonable adjustments they might need to support them to access services.

Are you signed up to: NHS App

The NHS App gives you a simple and secure way to access a range of NHS services. Download the NHS App on your smartphone or tablet via the Google play or App store. You can also access the same services in a web browser by logging in through the NHS website.

You must be aged 13 or over to use the NHS App. You also need to be registered with a GP surgery in England or the Isle of Man. Find out more about who can use the NHS App: www.nhs.uk/nhs-app/nhs-app-help-and-support/getting-started-with-the-nhs-app/

FAILURE TO ATTEND APPOINTMENT



We aim to provide all our patients with the best possible service and to achieve this we need your cooperation.

If you are unable to keep your appointment, please make every effort to cancel it well in advance so that it may be offered to someone else. Non-attendance and cancellations at short notice without a valid reason deprives other patients of essential medical services.

In May 2025 the Practice has lost 7 hours 25 mins of GP and Nursing time due to non-attendance or patient calling at such short notice that we are unable to fill the appointment. We need these appointments so that we can continue to provide easy & quick access to Doctors & Nurses.

Contact Details



Have you recently moved or changed your telephone number??? Please remember to inform reception staff if any of your details have changed.

Practice Website

Don't forget to check out our practice website for all the latest updates:
www.thecowplainvillagepractice.co.uk